



New Menus, Café Spaces, Menu App, Local Partners and Programs Announced for Pendergast ESD Students

Chartwells K12 and Pendergast ESD fight obesity through healthy options

September 1, 2015 – Phoenix, Arizona - [Chartwells K12](#) and [Pendergast District](#) are proud to announce new menus, café spaces and programs for the coming school year, all designed specifically for Pendergast students to be healthy. With great-tasting new foods, student-focused dining spaces, menu apps and fresh, local produce all on the menu, it's sure to be healthy and nutritious year in the café!

New Menus and Café Spaces

Chartwells K12 chefs and dietitians have cooked up a freshly-inspired menu for the coming school year designed specifically for Pendergast ESD students and including a wide array of healthy and delicious options. These menus were created using student input from surveys, tastings and conversations. The new menu includes fresh greens and fruits, whole grains, brown rice and more. Throughout the year, Chartwells K12 will hold chef and registered dietitian led tastings with students to discuss the new healthy foods and ingredients. Guest chefs from the community will also visit schools through the Chefs2Schools program to help students engage with nutritious foods and learn how to eat well for a lifetime.

Breakfast in the Classroom

Every student in Pendergast District is offered breakfast at no charge including milk, juice, whole fruit, and whole-grain rich foods fortified with vitamins and proteins.

Snack Bars for 6th, 7th, and 8th Grades

New this year, snack bars will be available to all middle school students! Only items that meet the USDA “Smart Snacks” requirements such as juice based beverages without added sugars, water, milk, fruits, baked chips, and wholegrain cookies will be offered.

Dessert Horizon is Open

Construction is complete on the new Cafe and Gym at Desert Horizon School. The new space provides a spacious, pleasant environment where students can relax with friends and enjoy fresh, delicious food!

Menu Transparency with One Click

Full menus will be literally in the hands of students and parents this fall through Nutrislice, an exclusive partner of Chartwells K12. Nutrislice works with Chartwells K12's FDA-approved Webtrition menu planning program to make Pendergast ESD menus available online through smartphones, email and the web with recipe descriptions, original photos, nutrition, and allergy information. Download the Nutrislice App from the App Store (iOS) or Google Play (Android) and search for desired menus.

Fresh Produce and Local Partners

Chartwells K12 and Pendergast are proud to support local farmers and companies, bringing students the freshest possible produce while supporting the Arizona economy.