

## **Information regarding exposure and contact tracing COVID-19**

Procedurally, when someone is considered exposed to COVID-19 while on site working in the District, specific staff members are notified by HR and given a time frame in which to quarantine. Please understand that the district is taking every precaution in these circumstances and conducting contact tracing, pursuant to the CDC guidelines, as necessary.

In order to diminish the COVID-19 cases, please continue practicing social distancing of at least six feet apart and wear your masks at all times. Please also remember to wash and sanitize your hands periodically throughout your scheduled time.

The procedures we follow in the district for contact tracing are listed below.

Please feel free to contact Human Resources if you have questions regarding this information.

### **Contact Tracing Pendergast Contact Tracing Procedures**

The Human Resource department will reach out to individuals as well as the employee's supervisor to contact trace and determine who has been in close contact with an employee who has tested positive and/or a probable exposed employee. The Supervisor and the Human Resource department will follow CDC and local health department guidance in determination of possible exposure and those who may have been in close contact.

If it has been determined an exposure exists, employees shall be notified and may be on district quarantine with pay. If the determination is that no exposure exists, the employee may return to work or follow the "managing your illness" and reporting of PTO as per usual district policy and as outlined in the District Mitigation Plan.

#### CDC Guidance

- State and local public health officials will decide how to implement these activities and how to advise specific people, or groups of people, to be tested.
- Contact tracing will be conducted for close contacts (any individual within 6 feet of an infected person for a total of 15 minutes or more) of **laboratory-confirmed or probable COVID-19 patients**.
- Remote communications for the purposes of case investigation and contact tracing should be prioritized; in-person communication may be considered only after remote options have been exhausted.

## Close Contact - as defined by CDC guidelines

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period\* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

- To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them.
- Contacts are encouraged to stay home and [maintain social distance](#) from others (at least 6 feet)

Quarantine guideline options from the CDC site are listed below:

## Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing

Updated Dec. 2, 2020 Languages ▾ Print



Local public health authorities determine and establish the quarantine options for their jurisdictions. CDC currently recommends a quarantine period of 14 days. However, based on local circumstances and resources, the following options to shorten quarantine are acceptable alternatives.

- Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring.
- *When diagnostic testing resources are sufficient and available*, then quarantine can end after:
  - Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.
    - With this strategy, the residual post-quarantine transmission risk is estimated to be about 5% with an upper limit of about 12%.

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- Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring.
  - With this strategy, residual post-quarantine transmission risk is estimated to be about 1% with an upper limit of about 10%.
- *When diagnostic testing resources are sufficient and available (see bullet 3, below),* then quarantine can end after Day 7 if a diagnostic specimen tests negative and if no symptoms were reported during daily monitoring. The specimen may be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.
  - With this strategy, the residual post-quarantine transmission risk is estimated to be about 5% with an upper limit of about 12%.

In both cases, additional criteria (e.g., continued symptom monitoring and masking through Day 14) must be met and are outlined in the full text.